

THE GOODWOOD CLASSIC HILLY TIME TRIAL

**Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations
by**

BOGNOR REGIS CYCLING CLUB

SUNDAY 18 OCTOBER 2009

on roads used for the

WORLD CYCLING CHAMPIONSHIPS

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**The Goodwood Classic
is a Qualifying Event for the**

Sussex CA SPOCO Competition

Don't forget your Helmet

This is a "Hardshell Helmet Compulsory" Event.

**Riders are also advised to use a flashing rear light
especially if the weather is overcast and visibility is poor**

Welcome to The Goodwood Classic Hilly Time Trial

Thank you for entering our event and we trust you will have a safe and enjoyable ride over the roads used for the 1982 World Championships.

We suggest you do not use light tyres or tubulars as there is a greater than normal risk of puncturing in the country lanes.

IN THE INTERESTS OF YOUR OWN SAFETY, this event has been designated as a Hardshell Helmet Compulsory Event. Cycling Time Trials (CTT) and the Bognor Regis CC require you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.

You are advised to use a flashing rear light especially if the weather is overcast and visibility is poor. Many of the narrow lanes used for this event are lined with high trees.

You are also reminded that Event Promoters have been instructed by Cycling Time Trials to issue a formal written warning to any rider observed riding in a manner which may jeopardise your own safety, the safety of others and the future of the sport. Please take care in the narrow lanes.

Spectators and supporters are particularly welcome. The Goodwood Classic is a unique Time Trial in that there are several vantage points around the course for seeing and encouraging riders. However spectators and supporters are requested not to park or stop vehicles or otherwise impede the visibility for marshals and riders at junctions and crossroads. It is particularly important that both riders and marshals have a clear, unobstructed view at Pillegreen Lodges crossroads where riders will travel in three directions during the event. If you have to drive rather than cycle to see the event, please think before you stop or park.

No following cars please. Regulation 22 will be strictly enforced in the interests of safety for other riders in the narrow lanes used for the event. .

Your times will be relayed to the Headquarters and no times will be given to riders or their supporters by the Timekeeper at the Finish.

Your number may be exchanged for a drink at the Headquarters where refreshments will be served. We hope all spectators and supporters will join the riders at the Headquarters after the event.

THE GOODWOOD PRIME

There is an award to the fastest rider to reach the Plaque to commemorate the

1982 WORLD CYCLING CHAMPIONSHIPS.

This Plaque is located by the Goodwood Race Course after riders have climbed Singleton Shoot over Charlton Down and turned sharp left up the hill used for the Finish of the 1982 World Championship. It is approximately 6.5 miles from the Start.

THE GOODWOOD CLASSIC HILLY TIME TRIAL

PROMOTED BY BOGNOR REGIS CYCLING CLUB

DATE: Sunday 18 October 2009

TIME: 08.00 Hours

COURSE: P911 - Goodwood Area - 27 Miles

EVENT SECRETARY: Roy Fairchild
Pennyfarthing, 5 Kingsway, Craigweil-on-Sea
Bognor Regis, West Sussex, PO21 4DQ
Telephone 01 243 263 023

TIMEKEEPERS: Kathleen Collard-Berry - ...a3crg-Crew
Ken Blowe - Fareham Wheelers
PRIME Dick Evans - Portsmouth North End CC

RECORDER: Roger Lambert - ...a3crg-Crew

EVENT HEADQUARTERS Lavant Memorial Hall, Pook Lane, Lavant
Map Reference Sheet 197 SU857082

CAR PARKING: At the Event Headquarters

NUMBERS & SIGNING ON **AT THE EVENT HEADQUARTERS**
Allow 15 minutes to ride to the START (2.0 miles)

CTT Rules & Regulations The event will held under the Rules & Regulations of Cycling Time Trials. The attention of ALL riders is drawn to Regulations 1, 15, 16, 17, 18, 20, 21, 22 and 25 in the 2009 CTT Handbook

OBSERVERS: Observers may be in attendance along the course.

AWARDS (This is a WYWisWYG event)

SCRATCH		VETERANS		LADIES	
Fastest	£40	ON STANDARD		Fastest	£10
Second	£25	Fastest 40-54	£20		
Third	£20	Second	£15		
		Fastest 55 & Over	£20		
		Second	£15		

FASTEST TEAM OF 3	Scratch	Bognor Regis CC Medals
	Veterans on Standard	Bognor Regis CC Medals

GOODWOOD PRIME (Rider must finish) £25 and Bognor Regis CC Medal

THE 2009 GOODWOOD CLASSIC HILLY TIME TRIAL

ORDER OF START

NO	NAME	CLUB	CAT	AGE	VET STD	START
9	Don Lambert	Bognor Regis CC	V	69	1.28.26	08.09
10	Keith Stephenson	CS Dynamo	V	59	1.22.08	08.10
11	Simon Brooks	VC St Raphael	V	41	1.11.49	08.11
12	Christopher Richards	Bognor Regis CC	S	29		08.12
13	Matthew Cheyney	...a3crg	S	25		08.13
14	Bryn Reeves	Horsham Cycling	V	43	1.12.54	08.14
15	Geoff Farrell	Southdown Velo	V	62	1.23.59	08.15
16	Henry Burrows	Bognor Regis CC	E	19		08.16
17	Robin Johnson	Brighton Mitre CC	V	61	1.23.22	08.17
18	Simon Craig-McFeely	...a3crg	V	50	1.16.48	08.18
19	Ken Rayson	...a3crg	V	63	1.24.36	08.19
20	Trevor Delooze	Southdown Velo	V	52	1.17.58	08.20
21	David Bridle	Southdown Velo	V	49	1.16.14	08.21
22	Paul Donovan	Southdown Velo	S	37		08.22
23	Mark Holland	Southdown Velo	S	36		08.23
24	Mark Warrington	Southdown Velo	V	43	1.12.54	08.24
25	Colin Crocker	Sotonia CC	V	59	1.22.08	08.25
26	Ben Friend	Clarence Wheelers	V	44	1.13.27	08.26
27	Elaine Scott	Brighton Excelsior	WV	60	1.27.47	08.27
28	Miranda Houldey	Horsham Cycling	W	32		08.28
29	Sarah Farmer	Team Axiom	W	31		08.29
30	Juliette Clark	In-Gear Quickvit RT	WV	45	1.18.33	08.30
31	Tim Yair	Team Axiom	S	38		08.31
32	Terry Fleet	Team Axiom	V	44	1.13.27	08.32
33	Alex Rice	Southdown Velo	V	41	1.11.49	08.33
34	Stuart Edmonds	Sussex Nomads	V	43	1.12.54	08.34
35	Daryl Rice	Southdown Velo	V	45	1.14.00	08.35
36	Stuart Payne	Central Sussex CC	V	47	1.15.06	08.36
37	Keith Carter	Horsham Cycling	S	35		08.37
38	John Marinke	Brighton Phoenix	V	44	1.13.27	08.38
39	David Cox	Eastbourne Rovers	V	62	1.23.59	08.39
40	Andrew Hitchens	Mid Devon CC	V	46	1.14.33	08.40
41	Anthony Hart	Team Axiom	V	47	1.15.06	08.41
42	Jay Chisnall	Brighton Mitre CC	V	49	1.16.14	08.42
43	Stuart Thompson	Behind the Bike Shed	S	34		08.43
44	Don Parker	Brighton Mitre CC	V	60	1.22.45	08.44
45	David Dalton	Fareham Wheelers	V	43	1.12.54	08.45
46	Richard Woodward	East Grinstead CC	V	47	1.15.06	08.46
47	Kevin Burton	Eastbourne Rovers	V	53	1.18.33	08.47
48	Ben Fielden	...a3crg	V	67	1.27.08	08.48
49	David Potheary	Southdown Velo	V	57	1.20.55	08.49
50	Chris Birch	East Street Cycles	S	32		08.50

THE GOODWOOD CLASSIC - COURSE DETAILS

COURSE P911

DISTANCE 27 MILES

START At the entrance to The Valdoe, approximately 250 yards north of Woodcote RAB on Kennel Hill (GR SU881078).

PROCEED north past the Golf Club and climb Kennel Hill to Charlton Down where take **RIGHT** fork to descend Knights Hill to Charlton. Turn **LEFT** at village crossroads to Singleton where bear right keeping to the main street to the T junction with the A286. Turn **LEFT** on to A286 and proceed south to take second **LEFT** to climb Town Lane Hill (Singleton Shoot) to Charlton Down. (GR SU880113).

COMMENCE the descent of Kennel Hill and then turn sharp **LEFT** to proceed east to the **GOODWOOD PRIME** opposite the plaque to commemorate the 1982 Worlds Cycling Championships (GR SU884108).

CONTINUE east after the Prime past Goodwood Race Course through Pilleygreen Lodges Crossroads and Selhurst Park to Benges (GR SU939120). Turn **LEFT** on to A285 and descend Upwaltham Hill. Turn sharp **LEFT** at the bottom of Upwaltham Hill into Droke Lane and proceed to East Dean (GR SU903128). Turn **LEFT** at village pond in East Dean and climb East Dean Hill to Pilleygreen Lodges Crossroads. Straight across and descend New Barn Hill to Waterbeach and Westerton Crossroads. Turn **LEFT** and proceed along New Road (Lavant Straight) to junction with A285 (GR SU900075). Turn **LEFT** on to A285 and proceed through Halnaker to climb Benges Hill (GR SU939120). Turn **LEFT** and proceed through Selhurst Park and Pilleygreen Lodges Crossroads to the T junction with Kennel Hill at Goodwood Race Course. Turn **LEFT** to descend Kennel Hill past the Golf Club to

FINISH 250 yards north of Woodcote RAB and approximately 25 yards short of the **START** (27 Miles) (GR SU881079).

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Great care must be taken at all times in the narrow lanes and especially at the following places to meet the requirements of Sussex Police and to ensure their continued co-operation.

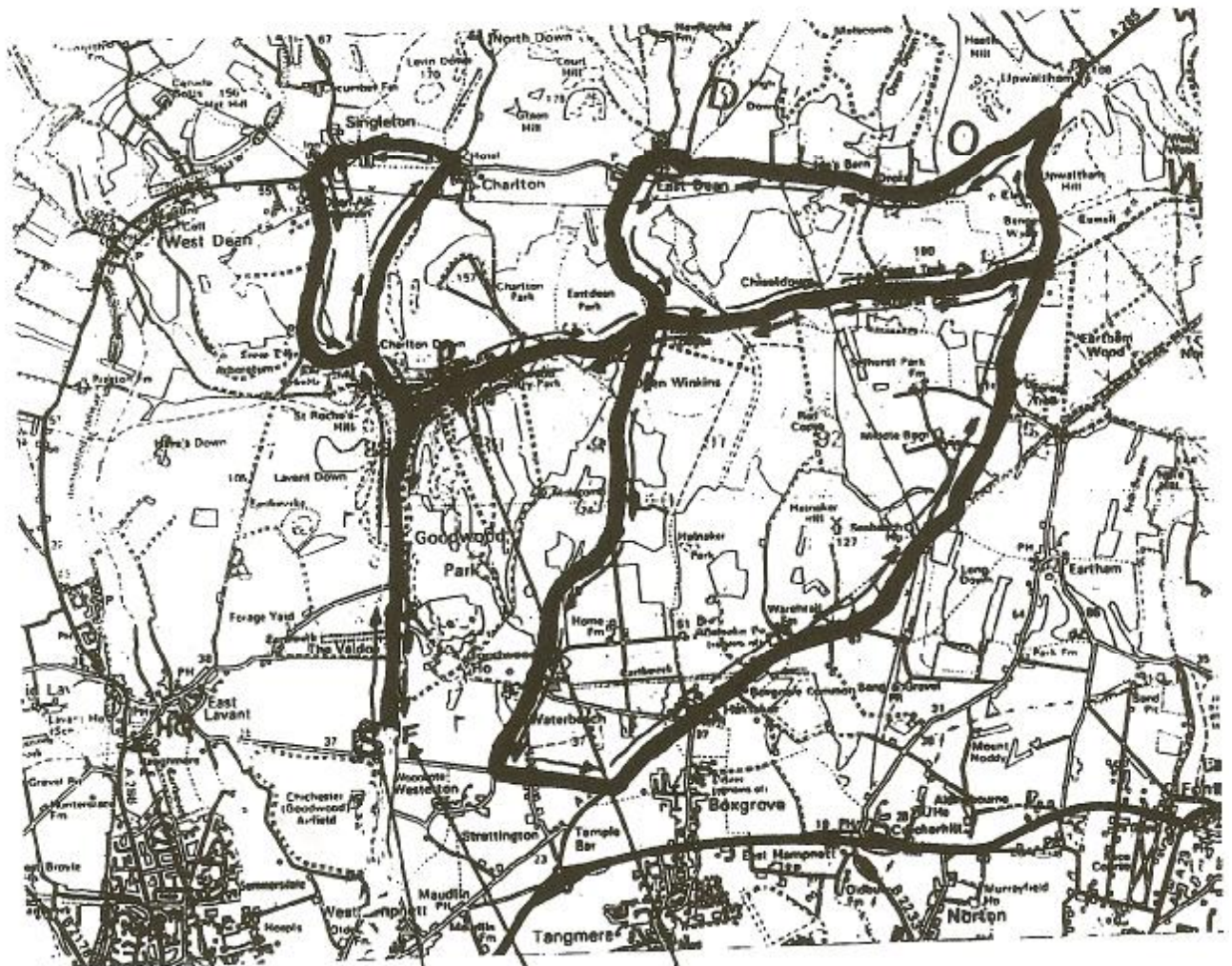
1. In both directions passing Goodwood Golf Club & Club House and the junction with Goodwood Road on Kennel Hill.
2. Turning **RIGHT** at Charlton Down. Later starters must give way to riders who have climbed Town Lane Hill (Singleton Shoot) and are en route back to Goodwood Race Course.
3. Descending Knights Hill to Charlton particularly at the bend near the bottom and when turning **LEFT** for Singleton.
4. When passing through Singleton and East Dean Villages. Watch out for parked vehicles.
5. When turning **LEFT** into Droke Lane and proceeding to East Dean. This single track road can be muddy and slippery. Watch out for cyclists at Haredown Mountain Bike Centre.
6. When crossing at Pilleygreen Lodges after climbing East Dean Hill. **RIDERS MUST GIVE WAY** to any rider or other road user coming from Goodwood Race Course or the Benges.
7. When descending from Pilleygreen Lodges to Waterbeach. Riders must keep to the left at all times except when overtaking other road users.
8. When negotiating **LEFT** turns. Riders must not cross the white line in the centre of the road - especially when turning on to the A285 and A286.
9. Watch out for Deer, Game Birds (the feathered variety) and Cattle.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of this event and the sport will be disqualified and reported to CTT South District Council.

PLEASE NOTE The Course will be well signed but it may not be possible to place marshals at all **LEFT Turns. If there is no marshal at a T junction then turn **LEFT**.**

THE GOODWOOD CLASSIC HILLY TIME TRIAL

COURSE P911 - GOODWOOD AREA



HEADQUARTERS

START

FINISH

PRIME

THE GOODWOOD CLASSIC HILLY TIME TRIAL

PREVIOUS WINNERS

YEAR	WINNER	GOODWOOD PRIME	TEAM
ORIGINAL COURSE – 25 MILES			
1975	Dave Brown	1.08.45	Hampshire RC 3.44.18
1976	Doug Sheehy	1.07.48	Central Sussex 3.37.04
1977	Ian Kitching	1.08.19	Farnham RC 3.37.08
1978	Glenn Longland	1.09.07	Bognor Regis 3.41.36
1979	Glenn Longland	1.07.52	VC St Raphael 3.30.24
1980	David Akam	1.02.39	Central Sussex 3.28.33
1981	Tim Stevens	1.02.52	Antelope RT 3.25.05
1982	Tim Stevens	1.04.51	Central Sussex 3.21.53
1983	Glenn Longland	1.05.21	Central Sussex 3.23.01
1984	Dave Worsfold	1.06.46	Central Sussex 3.28.34
1985	Gary Moore	1.05.28	Central Sussex 3.20.27
REVISED COURSE - 28 MILES			
1986	David Wood	1.12.42	Jerry Dove VC St Raphael 3.45.41
1987	Mark Jones	1.13.04	Ed Morris Central Sussex 3.47.08
1988	Paul Rogers	1.11.18	Paul Rogers 19.20 Southdown Velo 3.51.23
1989	Steve Marchant	1.11.26	Steve Marchant 18.30 VC St Raphael 3.45.28
1990	Richard Prebble	1.10.52	Richard Prebble 19.18 Central Sussex 3.46.44
			Steve Marchant 19.18
1991	Paul Rogers	1.13.09	Paul Rogers Southdown Velo 3.46.11
1992	Paul Rogers	1.11.38	Paul Rogers 19.43 GS Stella 3.53.45
1993	Paul Rogers	1.13.40	Paul Rogers 20.56 GS Stella 4.01.30
1994	Paul Rogers	1.10.48	Paul Rogers 19.45 Bognor Regis 3.51.10
1995	Chris Ball	1.09.15	Chris Ball 19.07 Fareham Wh 3.48.02
1996	Mark Jones	1.13.49	Mark Jones 20.05 GS Stella 3.53.19
1997	Paul Rogers	1.13.47	Paul Rogers 20.52 GS Stella 3.54.28
1998	Eamonn Deane	1.11.09	Harry Lodge *20.35 GS Stella 3.52.29
1999	Richard Prebble	1.09.04	Richard Prebble 20.10 VC St Raphael 3.35.54
2000	Richard Prebble	1.09.06	Richard Prebble 19.57 VC St Raphael 3.41.24
2001	Richard Prebble	1.08.38	Richard Prebble 20.02 SouthdownVelo 3.57.15
2002	Simon Berogna	1.13.55	Steve Dennis 21.54 VC St Raphael 3.51.48
2003	Michael Coyle	1.11.00	Michael Coyle 21.05 VC St Raphael 3.41.59
2004	Gavin Pardoe	1.07.53	Gavin Pardoe 22.00 VC St Raphael 3.38.50
2005#	Jason White	1.00.33	Jason White #14.00 ...a3crg 3.27.49
2006	Michael Coyle	1.09.55	Michael Coyle 20.44 VC Etoile 3.42.32
2007	Phil Sykes	1.11.07	Phil Sykes 20.49 SouthdownVelo 3.48.15
REVISED COURSE - 27 MILES			
2008	Phil Sykes	1.06.52	Phil Sykes 17.35 VC St Raphael 3.24.03

Course shortened to 25 Miles due to temporary traffic lights.

SPECIAL NOTE

Ukcyclingevents.co.uk - *Wilier* SOUTH DOWNS 100 SPORTIVE

Please be aware that there will be a clash of cycle events on part of the Course as UK Cycling Events have decided to promote a Sportive Events on the same day which will use some of the same roads as The Goodwood Hilly Classic.

Their route joins ours from the Left at Kennel Lodges and proceeds north up Kennel Hill to turn Right on Selhurstpark Road to pass the Grand Stand at Goodwood Race Course. It then proceeds east on Selhurstpark Road via Pilleygreen Lodges Crossroads to the Benges Hill where it turns Left on the A285 to descend Upwaltham Hill. Their route then leaves ours where we turn Left into Droke Lane and they continue on the A285 to Duncton Hill.

Please exercise due care when using the same roads especially on the blind bend at Pilleygreen Lodges crossroads.

I have advised the organiser of Southdowns Sportive that we shall be using the same roads and asked him to ensure that his riders keep to their side of the road and not to ride more than two abreast, but preferably in single file, to allow our faster riders to overtake safely. We need to be aware that some of the riders in the Sportive may not be club cyclists and not used to the discipline of riding in mass participation events.

Hopefully this clash of events will not prove to be a problem as most of the time we will be travelling in the same direction. The Goodwood Hilly Classic will be well signposted and marshalled but you are reminded that *the onus of keeping to the Course rests with the rider*