

CYCLING TIME TRIALS

The national governing body for CYCLING time trials
www.ctt.org.uk

SOUTH DISTRICT COUNCIL

COURSE DETAILS FOR START SHEETS

&

RISK ASSESSMENT

COURSE NUMBER

P612/25

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CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P612/25

Distance...25 miles.....Short Description.....A303 – Andover – Popham - Andover

GUIDANCE NOTES FOR PROMOTING SECRETARIES

RISK ASSESSMENT. Promoting Secretaries should refer to the Course Risk Assessment and check that all measures to reduce risks have been covered.

Promoting Secretaries should complete an Event Risk Assessment to identify any additional risks arising shortly before the event and brief competitors if necessary. Promoting Secretaries should still complete an Event Risk Assessment even if there were no additional hazards, and return it to the District Secretary.

FIELD PLACEMENT. Whilst the underlying principle of field placement is to arrange the starting position of each rider to avoid paced and company riding, the overriding consideration must be the Safety of Competitors.

The event should be on the road for as little time as practicable, so that slower riders are not exposed to the danger of becoming left adrift by being placed at the end of the field. This will also reduce the duty of care placed on marshals and timekeepers who may not be aware that riders are still out on the course. The Safety of Competitors must be given priority over the *strict* application of the principle of field placement as per Guidance Note No.8. In order to reduce the danger to the slower riders, consideration should be given to placing faster riders at the end of the field even though their potential time might qualify them for a higher spot nearer the front of the field. The latter part of Guidance Note No. 8 may also be helpful in this respect

NOTES TO BE INCLUDED ON START SHEETS/START CARDS or DISPLAYED AT SIGNING--ON

SAFETY INSTRUCTIONS

Riders must:

not cross the dual carriageway.

not warm up on the course

take care at the A34 intersection (Bullington Cross)

take care at the turn

not stop at the finish. Return to HQ where the results will be displayed.

Attention:

Parking is not allowed at the start. There is ample parking at the HQ..

Please keep quiet in the vicinity of the HQ as local residents may still be asleep

Observers may be in attendance.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

SAFETY HELMETS

For events where helmets are not compulsory, the following should be printed on all Start Sheets: "In the interests of your Own Safety, Cycling Time Trials and the event promoters strongly advise competitors to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Cycling Time Trial regulations require all competitors under the age of 18 years to wear a Hard Shell Helmet". For events where helmets are compulsory, the notice should read "All competitors in this event are required to wear HARD SHELL HELMETS, which should meet an internationally accepted safety standard". Any rider failing to wear a Hard Shell Helmet in such an event **MUST** be disqualified and this must be stated on the Start Sheet.

SIGNING-ON SHEET & RACE NUMBERS

Riders must sign the Official Signing-On Sheet at the Event HQ to obtain their Race Number.

SAFE ROUTES TO START AND FROM FINISH

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DUTY OF CARE

1. **The Riders**

The Primary “Duty of Care” rests with the Riders. It is their responsibility to:

- comply with traffic law and regulations; the Highway Code and the Risk Assessment. Failure to comply renders a Rider liable to disqualification and possible further disciplinary action.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- ride in a manner that is safe for themselves and all others.
- accept they participate at their own risk and must rely on their own ability and judgement in dealing with all hazards.

2. **Other Road Users**

Other Road Users, particularly drivers, have a “Duty of Care”. It is their responsibility to:

- comply with traffic law and regulations and to obey the Highway Code.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- drive in a manner that is safe for themselves and all others.
- accept that cyclists have a *legal* right to use the Highway.

3. **The Highways Authorities**

The Highways Authorities have a “Duty of Care” to provide a *Safe Road Infrastructure*.

It is their responsibility to:

- identify locations where there is a potential for conflict between road users.
- reduce conflict by the use of signs, road markings or physical systems such as traffic lights and roundabouts.
- reduce risks caused by hazards such as sharp bends, steep hills and narrow sections of road, wild life and vulnerable people by signing and road markings.
- decide speed limits and implement traffic calming measures to reduce accidents.
- repair defective road surfaces, cut back vegetation, remove abandoned cars and fly tipping.

4. **The Governing Body for Cycle Time Trials**

The District Council of the Governing Body has a “Duty of Care”. It is their responsibility to:

- check what the Highways Authorities have done is suitable for cycle time trials by carrying out a Course Risk Assessment and introducing additional specific measures to make the road safer for Riders and other road users. If additional measures are not required this will be recognised and signified on the Course Risk Assessment by the words “No additional measures required”.
- instruct the Promoting Secretary (Event Organiser) on action to reduce all risks to “LOW”.

5. **The Event Organiser (or Promoting Secretary)**

The Promoting Secretary (Event Organiser) has a “Duty of Care”.

He or she is responsible for:

- implementing the Measures to Reduce Risk identified in the Course Risk Assessment.
- completing an Event Risk Assessment to identify any additional risks arising shortly before the event and briefing Riders if appropriate, and taking measures to reduce new risks to “LOW”. This could include contacting the Highways Authority to eliminate hazards, eg; potholes, broken grids, and abandoned cars as part of the Authority’s “Duty of Care”
- submitting an Event Risk Assessment to the District Secretary of the Governing Body after the event. If there were no additional hazard, a Nil Return is required.

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FULL COURSE DESCRIPTION FOR START SHEETS

at last drain cover in layby on top of hill on A303(T) Andover bypass eastbound carriageway (GR374444). Proceed east on A303(T) through Barton Stacey and Bullington Cross to start of M3 motorway. Bear left on slip road (M) to turn right under motorway (M) (12.35m), and follow road to rejoin A303(T) in a westerly direction. Retrace to Andover bypass and continue to slip road to A3093 (M). Take slip road, pass under A303(T) and continue to Rbt (M) where take first exit to FINISH on A3093 at LP no 52 just before footbridge over road.

COURSE RISK ASSESSMENT

Approved by the District Council for Time Trial Secretaries and Promoting Secretaries.

	Location	Details of Hazard	Risk H/M/L	Measures to Reduce Risk
1.	General Requirements	Other Road Users	L	Traffic Counts Time restrictions on use of Course.
2.	Before START	Competitors riding from Event HQ Competitors warming up	M	Cycle Event Warning Signs on main carriageway at GR SU 366411 & 372444 (attach to posts). Instructions on Start Sheet; - safe routes to START - prohibited areas for warming up - no crossing A303 central reservation - no U turns in sight of Timekeeper
3.	Area of START GR SU 374444	Competitors waiting in lay-by	L	None
4.	START	Competitor and /or Holder Up falling	L	None
5.	GR SU 383447	A3093 exit slip	L	None
6.	GR SU 388447	A3093 entry slip	L	Cycle Race warning on entry slip (attach to post x2)
7.	GR SU 416432	B3084 on left	L	None
8.	GR SU 425427	Blind left hand bend on hill	L	Cycle Race warning on carriageway (attach to pedestrian crossing post, park in field entrance)
9.	GR SU 429428	Minor road on left	L	None
10.	GR SU 439426	Minor road on left	L	None
11.	GR SU 460421	A34 exit slip	L	None
12.	GR SU 462421	A34 entry slip	M	Cycle Race warning on entry slip (attach to post x2)
13.	GR SU 475422	Minor road on left	L	None
14.	GR SU 506430	Minor road on left and blind left hand bend on hill	L	Cycle Race warning on entry slip (attach to Micheldever Station signpost or stake)
15.	GR SU 518438	Minor road exit slip	L	None
16.	GR SU 531439	Minor road entry slip	L	None
17.	GR SU 554448	Slip road to TURN	L	Direction sign on stake. Marshall for open events.
18.	GR SU 558450	TURN (two parts) Sharp and blind turn at the bottom of a hill	L	a) Direction sign and Marshall b) Direction sign on signpost
19.	GR SU 554447	On slip to rejoin A303	L	Cycle Race warning on post on main carriageway
20.	GR SU 524437	Minor road exit slip	L	None

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21.	GR SU 517437	Minor road entry slip	L	None
22.	GR SU 505428	Minor road entry slip	L	None
23.	GR SU 474422	Minor road on left	L	None
24.	GR SU 467420	A34 exit slip	L	None
25.	GR SU 460420	A34 entry slip	M	Cycle Race warning on entry slip (attach to posts or bridge parapet x2)
26.	GR SU 439425	Minor road on left	L	None
27.	GR SU 422427	Minor road on left	L	None
28.	GR SU 415432	B3084 on left	L	None
29.	GR SU 405438	Lay-by before hill on left hand bend	L	Cycle Race warning sign on stake at far end of lay-by
30.	GR SU 390447	Slip road to A3093	L	Direction sign on post or stake
31.	GR SU 382459	Small roundabout on A3093	L	Direction sign on traffic signpost on island
32.	FINISH GR SU 379463	Only timekeeper's vehicle in finish area	L	Instruction that no times will be given out at finish

TIME RESTRICTIONS ON USE OF COURSE

Day(s)	Months	Last Rider on Road (am events)	First Rider on Road (pm events)
Sunday am	April, May, September	10:30	N/A
	June, July, August	09:30	N/A
Saturday pm	June, July, August	N/A	19:00
	All other months	no events	no events
Weekdays	All	N/A	19:00

ORDNANCE SURVEY MAPS COVERING COURSE WITH GRID REFERENCE SQUARES

MAP DETAILS: Ordnance Survey - Landranger Series Sheet185....
Grid Square References :SU.....

STREET MAPS to aid identification of Hazards

STREET ATLAS: Ordnance Survey for Hampshire....
Scale 3.5 inches to 1 mile (5.52 cm to 1Km)

Published by George Philip Ltd (Philip's)

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EVENT RISK ASSESSMENT

To be prepared by the Promoting Secretary to identify specific additional hazards and returned to the District Secretary.

PROMOTING CLUB:.....

DATE OF EVENT:

DAY OF WEEK.....START TIME.....

SPECIFIC RISKS

Location	Details of Hazard	Risk H/M/L	Measures to Reduce Risk
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Signed.....Date.....

GUIDANCE NOTES for Promoting Secretary

The purpose of this form is to forward details of any additional hazards or incidents that occurred during the event, that may require an amendment to the Course Risk Assessment and record any measures taken to reduce risks from additional hazards.

Location should include Ordnance Survey Grid Reference to ease identification of hazard.

Inspect the Course during the week before Race Day for additional hazards such as potholes, broken grids and abandoned cars and contact the Highway Authority to have them eliminated as part of their responsibility for “Duty of Care”. Also inspect the Course for other incidents and hazards such as temporary road works, diverted traffic, other local events, mud and parked vehicles.

Please record any measures you took to reduce risk including replacing marshals and any comments on additional measures that might be added to the Course Risk Assessment for future events.

A completed copy of this form should be sent to the District Secretary after the event even if there were no additional hazards to report.