

CYCLING TIME TRIALS

The national governing body for CYCLING time trials
www.ctt.org.uk

SOUTH DISTRICT COUNCIL

COURSE DETAILS FOR START SHEETS

&

RISK ASSESSMENT

COURSE NUMBER

P427

INDEX

Guidance Notes for Event Promoters

Summary of Course Details for Start Sheets

Course Risk Assessment

Map of Course with Ordnance Survey Grid Reference Squares

Street Maps to aid identification of Hazards

Event Risk Assessment

CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P427

Distance...24 miles.....

Short Description.....Wimborne – B3078 – Horton Inn – Thickthorn – A354 Blandford – B3082 - Wimborne

GUIDANCE NOTES FOR PROMOTING SECRETARIES

RISK ASSESSMENT. Promoting Secretaries should refer to the Course Risk Assessment and check that all measures to reduce risks have been covered.

Promoting Secretaries should complete an Event Risk Assessment to identify any additional risks arising shortly before the event and brief competitors if necessary. Promoting Secretaries should still complete an Event Risk Assessment even if there were no additional hazards, and return it to the District Secretary.

FIELD PLACEMENT. Whilst the underlying principle of field placement is to arrange the starting position of each rider to avoid paced and company riding, the overriding consideration must be the Safety of Competitors.

The event should be on the road for as little time as practicable, so that slower riders are not exposed to the danger of becoming left adrift by being placed at the end of the field. This will also reduce the duty of care placed on marshals and timekeepers who may not be aware that riders are still out on the course. The Safety of Competitors must be given priority over the *strict* application of the principle of field placement as per Guidance Note No.8. In order to reduce the danger to the slower riders, consideration should be given to placing faster riders at the end of the field even though their potential time might qualify them for a higher spot nearer the front of the field. The latter part of Guidance Note No. 8 may also be helpful in this respect

NOTES TO BE INCLUDED ON START SHEETS/START CARDS or DISPLAYED AT SIGNING--ON

SAFETY INSTRUCTIONS

Riders must:

- not make U-turne within sight of the Timekeeper
- not warm up on the Course
- not STOP at finish but continue to HQ
- Obey the rules of the road
- take extra care at the following locations:
 - River Allen Bridge – downhill approach to narrow bridge.
 - Left turn onto A354 – fast approach – GIVE WAY – keep to own side of road.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

SAFETY HELMETS

For events where helmets are not compulsory, the following should be printed on all Start Sheets: “In the interests of your Own Safety, Cycling Time Trials and the event promoters strongly advise competitors to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. Cycling Time Trial regulations require all competitors under the age of 18 years to wear a Hard Shell Helmet”. For events where helmets are compulsory, the notice should read “All competitors in this event are required to wear HARD SHELL HELMETS, which should meet an internationally accepted safety standard”. Any rider failing to wear a Hard Shell Helmet in such an event **MUST** be disqualified and this must be stated on the Start Sheet.

SAFETY REAR LIGHTS

The following notice should be printed on all Start Sheets: “In the interest of your Own Safety, Cycling Time Trials and the Event Promoters strongly advise competitors that a working rear light, either flashing or fixed, is fitted to your machine in a position clearly visible to following road users”. This is to alert motorists to the competitor’s presence on the highway and give them time to make driving alterations if necessary.

SIGNING-ON SHEET & RACE NUMBERS

Riders must sign the Official Signing-On Sheet at the Event HQ to obtain their Race Number.

CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P427

Distance...24 miles.....

Short Description.....Wimborne – B3078 – Horton Inn – Thickthorn – A354 Blandford – B3082 - Wimborne

SAFE ROUTE TO START

From Wimborne Square follow B3078 north to start.

SAFE ROUTE FROM FINISH

Fork left immediately after finish, down hill to traffic lights. Right then left at next traffic lights. Take next right (CARE) into The Borough and into Wimborne Square.

DUTY OF CARE

1. The Riders

The Primary “Duty of Care” rests with the Riders. It is their responsibility to:

- comply with traffic law and regulations; the Highway Code and the Risk Assessment. Failure to comply renders a Rider liable to disqualification and possible further disciplinary action.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- ride in a manner that is safe for themselves and all others.
- accept they participate at their own risk and must rely on their own ability and judgement in dealing with all hazards.

2. Other Road Users

Other Road Users, particularly drivers, have a “Duty of Care”. It is their responsibility to:

- comply with traffic law and regulations and to obey the Highway Code.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- drive in a manner that is safe for themselves and all others.
- accept that cyclists have a *legal* right to use the Highway.

3. The Highways Authorities

The Highways Authorities have a “Duty of Care” to provide a *Safe Road Infrastructure*.

It is their responsibility to:

- identify locations where there is a potential for conflict between road users.
- reduce conflict by the use of signs, road markings or physical systems such as traffic lights and roundabouts.
- reduce risks caused by hazards such as sharp bends, steep hills and narrow sections of road, wild life and vulnerable people by signing and road markings.
- decide speed limits and implement traffic calming measures to reduce accidents.
- repair defective road surfaces, cut back vegetation, remove abandoned cars and fly tipping.

4. The Governing Body for Cycle Time Trials

The District Council of the Governing Body has a “Duty of Care”. It is their responsibility to:

- check what the Highways Authorities have done is suitable for cycle time trials by carrying out a Course Risk Assessment and introducing additional specific measures to make the road safer for Riders and other road users. If additional measures are not required this will be recognised and signified on the Course Risk Assessment by the words “No additional measures required”.
- instruct the Promoting Secretary (Event Organiser) on action to reduce all risks to “LOW”.

5. The Event Organiser (or Promoting Secretary)

The Promoting Secretary (Event Organiser) has a “Duty of Care”.

He or she is responsible for:

- implementing the Measures to Reduce Risk identified in the Course Risk Assessment.
- completing an Event Risk Assessment to identify any additional risks arising shortly before the event and briefing Riders if appropriate, and taking measures to reduce new risks to “LOW”. This could include contacting the Highways Authority to eliminate hazards, eg; potholes, broken grids, and abandoned cars as part of the Authority’s “Duty of Care”
- submitting an Event Risk Assessment to the District Secretary of the Governing Body after the event. If there were no additional hazard, a Nil Return is required.

CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P427

Distance...24 miles.....

Short Description.....Wimborne – B3078 – Horton Inn – Thickthorn – A354 Blandford – B3082 - Wimborne

FULL COURSE DESCRIPTION FOR START SHEETS

START at milestone "Wimborne 1m" on B3078. (GR SU 011015)

Proceed north to the Horton Inn (4.8m) where turn left on minor road to junction with A354.

Turn left (GREAT CARE) to Blandford bypass RBT (14.71m) where left to next RBT (15.59m).

Left on B3082 to outskirts of Wimborne to

FINISH at gated field entrance by pole carrying power cable across B3082 at the start of Stone Lane. (GR SU 000007)

COURSE RISK ASSESSMENT

Approved by the District Council for Time Trial Secretaries and Promoting Secretaries.

	Location	Details of Hazard	Risk	Measures to Reduce Risk
1.	General Requirements	Road Usage meets CTT standards	L	Traffic Counts / Time Restrictions
2.	Before START	Competitors riding from Event HQ to the start. Competitors warming up.	L	No additional measures
3.	Area of START	Competitors waiting at side of road. Timekeepers vehicle only.	L	Cycle event warning signs on B3078 Instructions on start sheet on conduct at start.
4.	START in B3078. SU011015	Competitors and/or Holder Up falling	L	No additional measures
6.	Furzehill SU011016	Minor road on right side	L	No additional measures
7.	Clapgate SU009025	Minor roads on left and right	L	No additional measures
8.	Hinton Parva SU001043	Minor road on left side	L	No additional measures
9.	Witchampton SU003056	Minor roads on left and right	L	No additional measures
10.	Witchampton SU003058	Minor road on right side	L	No additional measures
11	Hinton Martell SU003063	Minor road on right side	L	No additional measures
12	Didlington SU009074	Minor roads on left and right	L	No additional measures
13	Horton Inn SU016085	Left turn into minor road	L	Marshal or direction sign. Cycle event warning sign on B3078 southbound
14	River Allen Bridge SU013088	Downhill approach onto narrow bridge	L	Warning on start sheet to take care
15	Bowerswain SU007093	Minor road on right side	L	No additional measures
16	More Crichel SU004094	Minor road on left side	L	No additional measures
17	Gussage All Saints SU001096	Minor road on right side	L	No additional measures
18	Gussage St Michael crossroads ST980113	Minor roads on left and right	L	No additional measures
19	Left Turn onto A354 ST965130	Fast approach to left turn onto major road. Danger of riders crossing centre line.	M	Warning on start sheet. Marshal. Cycle event warning signs on A354.
20	Chettle ST961127	Minor road on right side	L	No additional measures
21	More Crichel turnoff ST954121	Minor road on left side	L	No additional measures
22	Tarrant Hinton ST938108	Minor roads on left and right	L	No additional measures

CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P427

Distance...24 miles.....

Short Description.....Wimborne – B3078 – Horton Inn – Thickthorn – A354 Blandford – B3082 - Wimborne

	Location	Details of Hazard	Ri sk	Measures to Reduce Risk
23	Pimperne ST906091	Minor roads on left and right	L	No additional measures
24	Blandford bypass roundabout ST896077	Left turn onto bypass	M	Marshal. Cycle event warning signs on roundabout.
25	B3082 roundabout ST895064	Left turn onto B3082	M	Marshal. Cycle event warning signs on roundabout.
26	Keynston Down ST915065	Minor road on left side	L	No additional measures
27	Tarrant Keynston ST932046	Fast approach past minor roads on left and right	M	Cycle event warning signs on minor road exits.
28	Badbury Rings ST957028	Minor roads on left and right	L	No additional measures
29	Badbury Rings ST966022	Minor road on right side	L	No additional measures
30	Kingston Lacey ST979019	Minor road on right side	L	No additional measures
31	Pamphill ST993010	Minor roads on left and right	L	No additional measures

TIME RESTRICTIONS ON USE OF COURSE

Day(s)	Months	Last Rider on Road	First Rider on Road
		(am events)	(pm events)
Weekdays			
Saturdays			
Sundays			
(& Bank			
Holidays)			

ORDNANCE SURVEY MAPS COVERING COURSE WITH GRID REFERENCE SQUARES

MAP DETAILS: Ordnance Survey - Landranger Series Sheet 195....
Grid Square References : ST / SU

STREET MAPS to aid identification of Hazards

STREET ATLAS Ordnance Survey for Dorset
Scale 3.5 inches to 1 mile (5.52 to 1 Km)
Published by George Philip Ltd (Philip's)

CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P427

Distance...24 miles.....

Short Description.....Wimborne – B3078 – Horton Inn – Thickthorn – A354 Blandford – B3082 - Wimborne

EVENT RISK ASSESSMENT

To be prepared by the Promoting Secretary to identify specific additional hazards and returned to the District Secretary.

PROMOTING CLUB:.....

DATE OF EVENT:

DAY OF WEEK.....START TIME.....

SPECIFIC RISKS

Location	Details of Hazard	Risk H/M/L	Measures to Reduce Risk
----------	-------------------	---------------	-------------------------

Signed.....Date.....

GUIDANCE NOTES for Promoting Secretary

The purpose of this form is to forward details of any additional hazards or incidents that occurred during the event, that may require an amendment to the Course Risk Assessment and record any measures taken to reduce risks from additional hazards.

Location should include Ordnance Survey Grid Reference to ease identification of hazard.

Inspect the Course during the week before Race Day for additional hazards such as potholes, broken grids and abandoned cars and contact the Highway Authority to have them eliminated as part of their responsibility for “Duty of Care”. Also inspect the Course for other incidents and hazards such as temporary road works, diverted traffic, other local events, mud and parked vehicles.

Please record any measures you took to reduce risk including replacing marshals and any comments on additional measures that might be added to the Course Risk Assessment for future events.

A completed copy of this form should be sent to the District Secretary after the event even if there were no additional hazards to report.