

**CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL**

**COURSE NUMBER: P417/50**

**Distance 50 Short Description** 50 Miles - Pikes Farm A35 - Holes Bay - Tower Park - Bere Regis - Troytown -Holes Bay - Organford



**SOUTH DISTRICT COUNCIL**

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**&**

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**COURSE NUMBER**

**P417/50**

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## SUMMARY OF COURSE DETAILS FOR START SHEETS

### FULL COURSE DESCRIPTION FOR START SHEETS

**START** at drain cover in acceleration lane to A35, 85yards east of Pikes Farm junction. (SY939931)  
Proceed east on A35 to Bakers Arms rbt (1.02m). 2nd exit (Upton by pass) to Holes Bay Roundabout (4.56 miles). Straight over, bearing left at roundabout by English's garage, to roundabout Canford Way / Dorset Way (7.26 miles). Circle and retrace to Holes Bay roundabout. (10.05 miles). Straight over to Bakers Arms roundabout (13.60 miles). Straight over (2nd exit) follow A.35 to Bere Regis, right (2nd exit) at first roundabout to 2nd roundabout. (20.83 miles), 2nd exit (A.35) to slip road at Troytown, where fork left to small roundabout (27.85 miles), 3rd exit (right), follow under underpass to rejoin A 35 eastbound to Bere Regis (35.17 miles). 2nd exit (A.35) to next roundabout, then 1st exit (A.35) to Bakers Arms (42.36 miles). 2nd exit (Straight over) to Upton by pass, to roundabout at Holes Bay (45.93 miles)  
Circle and retrace to Bakers Arms, straight over then 1<sup>st</sup> Left on A35 then shortly fork left (sp Organford) on minor road to  
**FINISH** at electricity sub station. (SY947925) 50 miles

### NOTES to be included on Start Sheets or Displayed at the Event Headquarters

- Safety Instructions:** All issues affecting competitors as identified by the Risk Assessment
- Safety Helmets:** Advice on use of a Hard Shell Helmet to international safety standard.
- Signing-On Sheet:** Instruction on Signing-On and collection of Race Number.
- Safe Routes :** Safe Routes to Start and from Finish.
- Duty of Care:** "The Duty of Care" of Riders and Others relating to the Event

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### **GUIDANCE NOTES FOR PROMOTING SECRETARIES**

#### **RISK ASSESSMENT**

Promoting Secretaries should refer to the Course Risk Assessment and check that all measures to reduce risks have been covered.

Promoting Secretaries should complete an Event Risk Assessment to identify any additional risks arising shortly before the event and brief competitors if necessary. Promoting Secretaries should still complete an Event Risk Assessment even if there were no additional hazards and return it to the District Secretary.

#### **NOTES TO BE INCLUDED ON START SHEETS or DISPLAYED AT HEADQUARTERS**

#### **SAFETY INSTRUCTIONS**

Riders must:

- Not make "U" Turns at the START or FINISH within sight of the Timekeeper.
- Warning on start sheet for extra care at Right turn at roundabout by English's garage Tower park Uphill into roundabout with fast moving traffic from right

**Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.**

#### **SAFETY HELMETS**

In the interests of your own safety, Cycling Time Trials and the Event Promoters strongly advise competitors to wear a Hard Shell Helmet that meets an internationally accepted safety standard. Cycling Time Trials regulations require all competitors under the age of 18 years to wear a Hard Shell Helmet.

#### **SIGNING-ON SHEET & RACE NUMBERS**

Riders must sign the Official Signing-On Sheet at the Event HQ to obtain their Race Number.

#### **SAFE ROUTES TO START**

Right out of HQ, the right down Wareham Road

#### **SAFE ROUTES FROM FINISH**

Continue to Organford T-junction where right to cross the A35 WITH CARE then continue up Wareham Road, left into the High Street.

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## GUIDANCE NOTES FOR PROMOTING SECRETARIES

### DUTY OF CARE

#### 1. The Riders

The Primary “Duty of Care” rests with the Riders. It is their responsibility to:

- comply with traffic law and regulations; the Highway Code and the Risk Assessment. Failure to comply renders a Rider liable to disqualification and possible further disciplinary action.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- ride in a manner that is safe for themselves and all others.
- accept they participate at their own risk and must rely on their own ability and judgement in dealing with all hazards.

#### 2. Other Road Users

Other Road Users, particularly drivers, have a “Duty of Care”. It is their responsibility to:

- comply with traffic law and regulations and to obey the Highway Code.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- drive in a manner that is safe for themselves and all others.
- accept that cyclists have a *legal* right to use the Highway.

#### 3. The Highways Authorities

The Highways Authorities have a “Duty of Care” to provide a *Safe Road Infrastructure*.

It is their responsibility to:

- identify locations where there is a potential for conflict between road users.
- reduce conflict by the use of signs, road markings or physical systems such as traffic lights and roundabouts.
- reduce risks caused by hazards such as sharp bends, steep hills and narrow sections of road, wild life and vulnerable people by signing and road markings.
- decide speed limits and implement traffic calming measures to reduce accidents.
- repair defective road surfaces, cut back vegetation, remove abandoned cars and fly tipping.

#### 4. The Governing Body for Cycle Time Trials

The District Council of the Governing Body has a “Duty of Care”. It is their responsibility to:

- check what the Highways Authorities have done is suitable for cycle time trials by carrying out a Course Risk Assessment and introducing additional specific measures to make the road safer for Riders and other road users. If additional measures are not required this will be recognised and signified on the Course Risk Assessment by the words “No additional measures required”.
- instruct the Promoting Secretary (Event Organiser) on action to reduce all risks to “LOW”.

#### 5. The Event Organiser (or Promoting Secretary)

The Promoting Secretary (Event Organiser) has a “Duty of Care”.

He or she is responsible for:

- implementing the Measures to Reduce Risk identified in the Course Risk Assessment.
- completing an Event Risk Assessment to identify any additional risks arising shortly before the event and briefing Riders if appropriate, and taking measures to reduce new risks to “LOW”. This could include contacting the Highways Authority to eliminate hazards, eg; potholes, broken grids, and abandoned cars as part of the Authority’s “Duty of Care”
- submitting an Event Risk Assessment to the District Secretary of the Governing Body after the event. If there were no additional hazard, a Nil Return is required.

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### COURSE RISK ASSESSMENT

Approved by the District Council for Time Trial Secretaries and Promoting Secretaries.

	Location	Details of Hazard	Risk	Measures to Reduce Risk
1	General Requirements	Road Usage meets CTT standards	L	Traffic Counts / Time Restrictions
2	Before START	Competitors riding from Event HQ to the start. Competitors warming up.	L	No additional measures
3	Area of START	Competitors waiting at side of road. Timekeepers vehicle only.	L	Cycle event warning signs on A35 and Wareham Road Instructions on start sheet on conduct at start.
4	START at Pikes Farm Junction. SY939931	Competitors and/or Holder Up falling	L	No additional measures
5	Foxhills Lane SY948927	Minor Road on left side	L	No additional measures
6	Organford Lane SY949926	Minor road on right side	L	No additional measures
7	Bakers Arms Roundabout SY954925	Straight on (2 <sup>nd</sup> exit). Junction with B3067 and A351.	M	Direction sign. Cycle event warning signs on approach to RAB from B3067 and A351.
8	Upton underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
9	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
10	Holes Bay Roundabout SZ004929	Straight on (2 <sup>nd</sup> exit). Junction with A350.	M	Marshal and/or direction signs. Cycle event warning signs for traffic approaching on A350 from Poole and A3049 from Oakdale.
13	Fleetsbridge SZ014932	On Sliproad from Fleetsbridge RBT.	M	Warning sign on sliproad.
12	Oakdale Underpass SZ022931	On & off sliproads	M	Cycle event warning signs for traffic joining course.
14	Dorset Way Roundabout SZ029933	Turn Left at Roundabout	L	No additional measures
15	Canford Way Roundabout SZ037949	TURN (4 <sup>th</sup> exit).	M	Marshal and/or direction signs. Cycle event warning signs for traffic.
16	Tower Park Sliproad SZ032938	Off Slip Road	L	No additional measures (early Morning expect no traffic)
17	Dorset Way Roundabout SZ029933	2 <sup>nd</sup> Exit Uphill to Roundabout Fast moving traffic from right.	M	Marshal and/or direction signs. Warning sign on Dorset Way north of roundabout. Warning on start sheet.

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	Location	Details of Hazard	Risk	Measures to Reduce Risk
18	Oakdale Sliproad SZ022931	On & off sliproads from Oakdale Road	M	Warning sign for traffic joining course.
19	Fleetsbridge Sliproad SZ012932	Off sliproad to Fleetsbridge	L	No additional measures
20	Holes Bay Roundabout SZ004929	Straight on (2 <sup>nd</sup> exit). Junction with A350.	M	Direction signs. Cycle event warning signs for traffic approaching on A350 from Poole and A3049 from Oakdale.
21	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
22	Upton Underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
23	Bakers Arms Roundabout SY954925	Straight on (2 <sup>nd</sup> exit). Junction with B3067 and A351.	M	Marshal(s) and/or direction signs. Cycle event warning signs on approach to RAB from south, west and north.
24	Organford Lane SY949926	Minor road on Left	L	No additional measures
25	Pikes Farm Junction. SY939931	Minor road on Left	L	No additional measures
26	Bulbury Lane SY929933	Minor Road on Right side	L	No additional measures
27	Morden Park Corner SY913938	Staggered crossroads	L	No additional measures
28	East Bloxworth SY904938	Minor Road on Right side	L	No additional measures
29	Bloxworth SY877938	Minor Road on Right side	L	No additional measures
30	Bloxworth SY873939	Cycle path on Left side	L	No additional measures
31	Woodbury Hill SY862942	Staggered crossroads	L	No additional measures
32	Bere Regis roundabout SY850947	RIGHT turn, 2nd exit to stay on A35. Steep downhill approach to tight turn. Traffic joining from minor road on left. Most traffic follows event route.	M	Warning on start sheet.
33	Bere Regis SY852951	Minor road on right side	L	No additional measures
34	Bere Regis Towns End roundabout SY852953	Straight on (2 <sup>nd</sup> exit). on to A31 westbound. Traffic joining from right from minor access road and from A35 trunk road.	L	Direction sign or marshal at RAB. Warning sign for traffic joining from A31 Wimborne.
35	Bere Regis Sliproad SY837951	On Sliproad from Bere Regis	L	Cycle event warning signs for traffic joining course.

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	Location	Details of Hazard	Risk	Measures to Reduce Risk
36	Affpuddle Sliproad SY811947	On/Off sliproad	L	Cycle event warning signs for traffic joining course.
37	Puddletown Overpass SY759950	On/Off sliproad	L	Cycle event warning signs for traffic joining course.
38	Troy-town Turn SY744939	Bear Left into sliproad	L	Marshal(s) and/or direction signs. Cycle event warning
39	Troy-town Turn SY744938	3 <sup>rd</sup> Exit on Roundabout	L	Marshal(s) and/or direction signs. Cycle event warning
40	Troy-town Turn SY742939	Minor road on right	L	No additional measures
41	Troy-town Turn SY742939	Joining A31 on sliproad	M	Cycle event warning signs for traffic joining course.
42	Puddletown Overpass SY759950	On/Off sliproad	L	Cycle event warning signs for traffic joining course.
43	Affpuddle Sliproad SY815947	On/Off sliproad	L	Cycle event warning signs for traffic joining course.
44	Bere Regis Sliproad SY837951	Off Sliproad to Bere Regis	L	No additional measures
45	Bere Regis Towns End roundabout SY852953	Right turn (2 <sup>nd</sup> exit). on to A35 southbound. Traffic joining from left from A35 trunk road.	L	Direction sign or marshal at RAB. Warning sign for traffic joining from A31 Wimborne.
46	Bere Regis SY852951	Minor Road on left side	L	No additional measures
47	Bere Regis roundabout SY850947	LEFT turn, 1st exit on to A35 eastbound.	L	Direction sign or marshal at RAB
48	Woodbury Hill SY862942	Staggered crossroads	L	No additional measures
49	Bloxworth SY877938	Minor Road on left side	L	No additional measures
50	East Bloxworth SY904938	Minor Road on left side	L	No additional measures
51	Morden Park Corner SY913938	Staggered crossroads	L	No additional measures
52	Bulbury Lane SY929933	Minor Road on left side	L	No additional measures
53	Pikes Farm SY942997	Staggered crossroads with minor road	L	No additional measures
54	Foxhills Lane SY948927	Minor Road on left side	L	No additional measures
55	Organford Lane SY949926	Minor road on right side	L	No additional measures
56	Bakers Arms Roundabout SY954925	Straight on (2 <sup>nd</sup> exit). Junction with B3067 and A351.	M	Direction sign. Cycle event warning signs on approach to RAB from B3067 and A351.
57	Upton underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
58	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.

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	Location	Details of Hazard	Risk	Measures to Reduce Risk
59	Holes Bay Roundabout SZ004929	TURN (3 <sup>rd</sup> exit). Junction with A350.	M	Marshal and/or direction signs. Cycle event warning signs for traffic approaching on A350 from Poole and A3049 from Oakdale.
60	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
61	Upton Underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
62	Bakers Arms Roundabout SY954925	TURN (3 <sup>rd</sup> exit). Junction with B3067 and A351.	M	Direction sign. Cycle event warning signs on approach to RAB from B3067 and A351.
63	Upton Underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
64	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
65	Holes Bay Roundabout SZ004929	TURN (3 <sup>rd</sup> exit). Junction with A350.	M	Marshal and/or direction signs. Cycle event warning signs for traffic approaching on A350 from Poole and A3049 from Oakdale.
66	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
65	Upton Underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
66	Bakers Arms Roundabout SY954925	Straight on (2 <sup>nd</sup> exit). Junction with B3067 and A351.	M	Direction sign. Cycle event warning signs on approach to RAB from B3067 and A351.
67	Organford Lane SY949926	Left fork into minor road	L	No additional measures
68	FINISH SY947925	Finish area with timekeeper's vehicle only	L	Chequered board/flag. Instructions on start sheet – not times will be given/no stopping/no U-turns at Finish
69	After FINISH	Competitors returning to HQ	L	Instructions on start sheet on safe route.

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## TIME RESTRICTIONS ON USE OF COURSE

Day(s)	Months	Last Rider on Road (am events)	First Rider on Road (pm events)
Weekdays	All	No Restrictions	No Restrictions
Saturdays	All	No Restrictions	No Restrictions
Sundays (& Bank Holidays)	All	No Restrictions	No Restrictions

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## ORDNANCE SURVEY MAPS COVERING COURSE WITH GRID REFERENCE SQUARES

**MAP DETAILS:** Ordnance Survey - Landranger Series Sheet 194 & 195  
Grid Square References : SY/SZ

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## STREET MAPS to aid identification of Hazards

**STREET ATLAS:** Ordnance Survey for Dorset  
Scale 3.5 inches to 1 mile (5.52 cm to 1Km)  
  
Published by George Philip Ltd (Philip's)

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**EVENT RISK ASSESSMENT**

To be prepared by the Promoting Secretary to identify specific additional hazards and returned to the District Secretary.

**PROMOTING CLUB:**.....

**DATE OF EVENT:** .....

**DAY OF WEEK.....START TIME.....**

**SPECIFIC RISKS**

<b>Location</b>	<b>Details of Hazard</b>	<b>Risk H/M/L</b>	<b>Measures to Reduce Risk</b>

**Signed.....Date.....**

**GUIDANCE NOTES for Promoting Secretary**

The purpose of this form is to forward details of any additional hazards or incidents that occurred during the event, that may require an amendment to the Course Risk Assessment and record any measures taken to reduce risks from additional hazards.

Location should include Ordnance Survey Grid Reference to ease identification of hazard.

Inspect the Course during the week before Race Day for additional hazards such as potholes, broken grids and abandoned cars and contact the Highway Authority to have them eliminated as part of their responsibility for "Duty of Care". Also inspect the Course for other incidents and hazards such as temporary road works, diverted traffic, other local events, mud and parked vehicles.

Please record any measures you took to reduce risk including replacing marshals and any comments on additional measures that might be added to the Course Risk Assessment for future events.

A completed copy of this form should be sent to the District Secretary after the event even if there were no additional hazards to report.