

CYCLING TIME TRIALS - SOUTH DISTRICT COUNCIL

COURSE NUMBER: P413/25

Distance...25 miles.....Short Description Pikes Farm – A35 – Holes Bay Loop x 3 – Holton Heath - Organfprd

CYCLING TIME TRIALS

**The national governing body for CYCLING time trials
www.ctt.org.uk**

SOUTH DISTRICT COUNCIL

COURSE DETAILS FOR START SHEETS

&

RISK ASSESSMENT

COURSE NUMBER

P413/25

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SUMMARY OF COURSE DETAILS FOR START SHEETS

FULL COURSE DESCRIPTION FOR START SHEETS

START at drain cover in acceleration lane to A35, 85yards east of Pikes Farm junction. (SY939931)

Proceed east on A35 to Bakers Arms rbt (1.02m).

Straight on along A35 to TURN at Holes Bay RBT (4.59m).

Circle and retrace to TURN at Bakers Arms rbt (8.18m).

Circle and retrace to TURN at Holes Bay RBT (11.81m).

Circle and retrace to TURN at Bakers Arms rbt (15.40m).

Circle and retrace to TURN at Holes Bay RBT (19.03m).

Circle and retrace to Bakers Arms rbt (22.61m).

Take first exit onto A351 to TURN at Holton Heath RBT (23.58m).

Circle and retrace to Bakers Arms rbt (24.58m).

Left on A35 then shortly turn sharp left (sp Organford) on minor road to

FINISH at electricity sub station. (SY947925)

GUIDANCE NOTES FOR PROMOTING SECRETARIES

RISK ASSESSMENT

Promoting Secretaries should refer to the Course Risk Assessment and check that all measures to reduce risks have been covered.

Promoting Secretaries should complete an Event Risk Assessment to identify any additional risks arising shortly before the event and brief competitors if necessary. Promoting Secretaries should still complete an Event Risk Assessment even if there were no additional hazards and return it to the District Secretary.

NOTES TO BE INCLUDED ON START SHEETS or DISPLAYED AT HEADQUARTERS

SAFETY INSTRUCTIONS

Riders must:

Not make U-turns on A35

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

SAFETY HELMETS

In the interests of your own safety, Cycling Time Trials and the Event Promoters strongly advise competitors to wear a Hard Shell Helmet that meets an internationally accepted safety standard.

Cycling Time Trials regulations require all competitors under the age of 18 years to wear a Hard Shell Helmet.

SIGNING-ON SHEET & RACE NUMBERS

Riders must sign the Official Signing-on Sheet at the Event HQ to obtain their Race Number.

SAFE ROUTE TO START

Right out of HQ, the right down Wareham Road

SAFE ROUTE FROM FINISH

Continue to Organford T-junction where right to cross the A35 WITH CARE then continue up Wareham Road, left into the High Street.

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GUIDANCE NOTES FOR PROMOTING SECRETARIES

DUTY OF CARE

1. The Riders

The Primary “Duty of Care” rests with the Riders. It is their responsibility to:

- comply with traffic law and regulations; the Highway Code and the Risk Assessment. Failure to comply renders a Rider liable to disqualification and possible further disciplinary action.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- ride in a manner that is safe for themselves and all others.
- accept they participate at their own risk and must rely on their own ability and judgement in dealing with all hazards.

2. Other Road Users

Other Road Users, particularly drivers, have a “Duty of Care”. It is their responsibility to:

- comply with traffic law and regulations and to obey the Highway Code.
- observe the measures taken by the Highways Authorities to reduce risks and conflict with other road users.
- drive in a manner that is safe for themselves and all others.
- accept that cyclists have a *legal* right to use the Highway.

3. The Highways Authorities

The Highways Authorities have a “Duty of Care” to provide a *Safe Road Infrastructure*.

It is their responsibility to:

- identify locations where there is a potential for conflict between road users.
- reduce conflict by the use of signs, road markings or physical systems such as traffic lights and roundabouts.
- reduce risks caused by hazards such as sharp bends, steep hills and narrow sections of road, wild life and vulnerable people by signing and road markings.
- decide speed limits and implement traffic calming measures to reduce accidents.
- repair defective road surfaces, cut back vegetation, remove abandoned cars and fly tipping.

4. The Governing Body for Cycle Time Trials

The District Council of the Governing Body has a “Duty of Care”. It is their responsibility to:

- check what the Highways Authorities have done is suitable for cycle time trials by carrying out a Course Risk Assessment and introducing additional specific measures to make the road safer for Riders and other road users. If additional measures are not required this will be recognised and signified on the Course Risk Assessment by the words “No additional measures required”.
- instruct the Promoting Secretary (Event Organiser) on action to reduce all risks to “LOW”.

5. The Event Organiser (or Promoting Secretary)

The Promoting Secretary (Event Organiser) has a “Duty of Care”.

He or she is responsible for:

- implementing the Measures to Reduce Risk identified in the Course Risk Assessment.
- completing an Event Risk Assessment to identify any additional risks arising shortly before the event and briefing Riders if appropriate, and taking measures to reduce new risks to “LOW”. This could include contacting the Highways Authority to eliminate hazards, eg; potholes, broken grids, and abandoned cars as part of the Authority’s “Duty of Care”
- submitting an Event Risk Assessment to the District Secretary of the Governing Body after the event. If there were no additional hazard, a Nil Return is required.

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COURSE RISK ASSESSMENT

Approved by the District Council for Time Trial Secretaries and Promoting Secretaries.

COURSE DETAILS

	Location	Details of Hazard	Risk	Measures to Reduce Risk
1.	General Requirements	Road Usage meets CTT standards	L	Traffic Counts / Time Restrictions
2.	Before START	Competitors riding from Event HQ to the start. Competitors warming up.	L	No additional measures
3.	Area of START	Competitors waiting at side of road. Timekeepers vehicle only.	L	Cycle event warning signs on A35 and Wareham Road Instructions on start sheet on conduct at start.
4.	START at Pikes Farm Junction. SY942997	Competitors and/or Holder Up falling	L	No additional measures
5.	Foxhills Lane SY948927	Minor Road on left side	L	No additional measures
6.	Organford Lane SY949926	Minor road on right side	L	No additional measures
7.	Bakers Arms Roundabout SY954925	Straight on (2 nd exit). Junction with B3067 and A351.	M	Direction sign. Cycle event warning signs on approach to RAB from B3067 and A351.
8.	Upton underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
9.	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
10.	Holes Bay Roundabout SZ004929	TURN (3 rd exit). Junction with A350.	M	Marshal and/or direction signs. Cycle event warning signs for traffic approaching on A350 from Poole and A3049 from Oakdale.
11	Creekmoor/Upton House flyover SY990933	On & off sliproads	M	Cycle event warning signs for traffic joining course.
12	Upton Underpass SY977937	On & off sliproads from A350	M	Cycle event warning signs for traffic joining course.
13	Bakers Arms Roundabout SY954925	TURN (3 rd exit). Junction with B3067 and A351.	M	Direction sign. Cycle event warning signs on approach to RAB from B3067 and A351.
14-19	repeat 8-13 above			
20-24	repeat 8-12 above			
25	Bakers Arms Roundabout SY954925	Turn Left (1st exit). Junction with B3067 and A351	M	Direction sign on A35. Cycle event warning signs on approach to RAB from B3067.
26	Holton Heath Roundabout SY944914	TURN (3 rd exit) Junction with minor road.	L	Cycle event warning signs on approach to RAB on A351 from South
27	Bakers Arms Roundabout SY954925	Turn Left (1st exit). Junction with B3067 and A35.	M	Direction sign on A351. Cycle event warning signs on approach to RAB from B3067.
26	Organford Lane SY949926	Left fork into minor	L	Direction sign or marshal

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		road		
27	FINISH SY947925	Finish area with timekeeper's vehicle only	L	Chequered board/flag. Instructions on start sheet – not times will be given/no stopping/no U-turns at Finish
28	After FINISH	Competitors returning to HQ	L	Instructions on start sheet on safe route.

TIME RESTRICTIONS ON USE OF COURSE

Day(s)	Months	Last Rider on Road (am events)	First Rider on Road (pm events)
Weekdays	All		19:00

ORDNANCE SURVEY MAPS COVERING COURSE WITH GRID REFERENCE SQUARES

MAP DETAILS: Ordnance Survey - Landranger Series Sheet 195....
Grid Square References : SY/SZ.....

STREET MAPS to aid identification of Hazards

STREET ATLAS: Ordnance Survey for Dorset.....
Scale 3.5 inches to 1 mile (5.52 cm to 1Km)

Published by George Philip Ltd (Philip's)

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EVENT RISK ASSESSMENT

To be prepared by the Promoting Secretary to identify specific additional hazards and returned to the District Secretary.

PROMOTING CLUB:.....

DATE OF EVENT:

DAY OF WEEK.....START TIME.....

SPECIFIC RISKS

Location	Details of Hazard	Risk H/M/L	Measures to Reduce Risk
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Signed.....Date.....

GUIDANCE NOTES for Promoting Secretary

The purpose of this form is to forward details of any additional hazards or incidents that occurred during the event, that may require an amendment to the Course Risk Assessment and record any measures taken to reduce risks from additional hazards.

Location should include Ordnance Survey Grid Reference to ease identification of hazard.

Inspect the Course during the week before Race Day for additional hazards such as potholes, broken grids and abandoned cars and contact the Highway Authority to have them eliminated as part of their responsibility for “Duty of Care”. Also inspect the Course for other incidents and hazards such as temporary road works, diverted traffic, other local events, mud and parked vehicles.

Please record any measures you took to reduce risk including replacing marshals and any comments on additional measures that might be added to the Course Risk Assessment for future events.

A completed copy of this form should be sent to the District Secretary after the event even if there were no additional hazards to report.